# Zeitplan Samstag, 23. September 2023

| | Läufe | | | Sprünge | | | | | | | Würfe | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | | Hoch | | | Stab | Weit | | | Kugel | | | Di | Sp | |
| Zeit | Kategorien | Gruppe | Distanz | 1 | 2 | 3 | 1 | 1 | 2 | 3 | 1 | 2 | 3 | 1 | 1 | Zeit |
| 08.45 | | | | | | | | | | | | | | | | 08.45 |
| 09.00 | WB10/U18M/MAN | 28/7/2 | 100m | 24 | 25 | | | | | | | | | | | 09.00 |
| 09.15 | U16W | 21 | 80m | | | | | | | | | | | | | 09.15 |
| 09.30 | U16W | 22 / 23 | 80m | | | | | | | | | | | | | 09.30 |
| 09.45 | U16W | 19 / 20 | 80m | | | | | | | | | | | 28/7/2 | | 09.45 |
| 10.00 | | | | | | 21 | | | 22 | | | | | | | 10.00 |
| 10.15 | | | | | | | | | | 23 | | | | | | 10.15 |
| 10.30 | | | | 19 | 20 | | | | | | | 24 | | | 25 | 10.30 |
| 10.45 | | | | | | | | | | | | | | | | 10.45 |
| 11.00 | U20M | 4 | 100m | | | | 28/7/2 | | | | 22 | | | | | 11.00 |
| 11.15 | WOM/U20WB | 29 | 100m | | | | | | | | | | 23 | | | 11.15 |
| 11.30 | MB | 24 | 100m | | | | | 4 | | | | 25 | | | | 11.30 |
| 11.45 | U18WB | 31 | 100m | | | 29 | | | | 10 | | | | | | 11.45 |
| 12.00 | U18M | 6 | 100m | | | | | | 24 | | 21 | | | | | 12.00 |
| 12.15 | U18W | 16 | 100mH (76) | 31 | | | | | | | | | | | | 12.15 |
| 12.30 | WOM | 11 | 100mH (84) | | | | | 26 | | | | 19 | 20 | | | 12.30 |
| 12.45 | U16M | 8 / 9 | 100mH (84) | | | | | | | 25 | | | | 6 | | 12.45 |
| 13.00 | U16M | 10 | 100mH (84) | | 11 | | | | | | | | | | 24 | 13.00 |
| 13.15 | | | | | | | | 8 | | | 4 | | | | | 13.15 |
| 13.30 | MAN | 1 | 100m | | | 22 | | | 16 | | | | 9 | | | 13.30 |
| 13.45 | MB | 25 | 100m | 23 | | | | | | 21 | | 29 | | | | 13.45 |
| 14.00 | | | | | | | 6 | | | | | | | | | 14.00 |
| 14.15 | U20MB | 26 | 100m | | | | | 1 | | | | | | | 28/7/2 | 14.15 |
| 14.30 | U18MB | 27 | 100m | | | | | | 9 | | | | 10 | 8 | | 14.30 |
| 14.45 | U20W / WOM | 14 / 12 | 100mH (84) | | 4 | | | | | 20 | | | | | | 14.45 |
| 15.00 | U18W | 17 | 100mH (76) | | | | | | | | 11 | 31 | | | | 15.00 |
| 15.15 | WB10/U18M/MAN | 28/7/2 | 400m | | | | | 19 | | | | | | | 16 | 15.15 |
| 15.30 | MB | 24 / 25 | 1000m | 14/12 | | 8 | | | | | | | 26 | 9 | | 15.30 |
| 15.45 | | | | | | | | | 29 | | | | | | | 15.45 |
| 16.00 | | | | | | | | | | 31 | 1 | 27 | | | | 16.00 |
| 16.15 | WOM | 11 | 200m | | | | | | | | | | | | 17 | 16.15 |
| 16.30 | U18W | 16 | 200m | | 9 | | | | | | | | | 10 | | 16.30 |
| 16.45 | | | | | | | | | | | | | | | | 16.45 |
| 17.00 | U16W | 19 - 23 | 1000m | | | | | | | | | | | | | 17.00 |
| 17.15 | | | | 1 | | 26 | | 17 | 27 | | | | | | 6 | 17.15 |
| 17.30 | U18W | 31 | 1000m | | | | | | | | | | | | | 17.30 |
| 17.45 | WOM/U20WB | 29 | 800m | | | | | | | | 14/12 | | | | | 17.45 |
| 18.00 | U20M | 4 | 400m | | | | | | | | | 8 | | | | 18.00 |
| 18.15 | U18M | 6 | 400m | | 10 | | | | | | | | | | | 18.15 |
| 18.30 | | | | | | | | | | | | | | | | 18.30 |
| 18.45 | U18W / WOM | 17 | 200m | | | 27 | | | | | | | | | | 18.45 |
| 19.00 | U20W | 14 / 12 | 200m | | | | | | | | | | | | | 19.00 |
| 19.15 | | | | | | | | | | | | | | | | 19.15 |
| 19.30 | MAN | 1 | 400m | | | | | | | | | | | | | 19.30 |
| 19.45 | U20MB | 26 | 1000m | | | | | | | | | | | | | 19.45 |
| 19.55 | U16M | 8 - 10 | 1000m | | | | | | | | | | | | | 19.55 |
| 20.15 | U18MB | 27 | 1000m | | | | | | | | | | | | | 20.15 |